#### AIR FORCE ACADEMY INSIGHTS

## **NEWS & STORIES**





## Our President & CEO's Message



Dear HMC Residents,

I recently passed my one year anniversary since joining Hunt Military Communities as the new CEO. I have traveled to most of our communities and have met with many of our residents. The experiences and feedback have allowed us to make important strategic decisions and priorities to improve our service delivery and resident experience across the country. We are excited to continually pursue improvements necessary to serve

you better and sustain our military communities.

Last August, I committed to reviewing best practices and refining services and programs. Since then we have completed resident focus groups in almost all of our communities. The feedback has helped us to identify specific areas that are most important to you such as improving communication, focus on consistency in customer service, and enhanced community events to bring our residents together. Resident focus groups will be something we doing continuously across the country so we can get direct feedback from you on our service delivery and communities. Thank you to everyone who participated, and we always value your feedback.

Semper Fidelis,

Brian Stann, President & Chief Executive Officer

**Hunt Military Communities** 





## **Back to School Safety Tips:**

It's that time again as we prepare our children to go back to school. As I speak for the parents: "It's the most wonderful time of the year". As exciting as it sounds to go back to our friends, teachers, and school facility, it is important to go over some safety tips throughout the school day to remember if ever needed.

Between buying school supplies, uniforms, sports equipment, and so on. It is best to remember why some safety tips are useful when you are not thinking about it. It's not common for people to think about SAFETY SAFETY SAFETY when hanging out with your friends or learning exciting new things, but let's just say these tips come in handy.

#### Walking to School Safely

- Staying on the sidewalk at all times
- Looking left and right before crossing the street
- Avoiding distractions when walking

#### **Biking to School**

- Ride on the right side of the road (especially in traffic)
- Stop COMPLETELY before crossing the street
- Wear proper safety gear (helmets, knee pads, and arm pads if necessary)

#### **Bus Safety**

- Stand 6 feet or 3 giant steps away from the curb
- Double check belongings to avoid dropping personal items before crossing and/or getting to the bus
- Avoid walking behind a bus or somewhere it makes it harder for the bus driver to see you
- Report anything unfamiliar to the bus driver at all times!

For additional details visit U.S. NEWS: https://www.usnews.com/education/k12/articles/back-to-school-safety-tips.

#### **Office Contact Information**

4609 W Bighorn Drive, USAF Academy, CO 80840 Phone: 719-982-4800 • afacontact@huntcompanies.com Facebook: Air Force Academy Family Housing



#### If it's Free...it's for Me!

Were you hoping for a way to make minor improvements to your home without waiting for the Work Order to be processed?

Self Help is OPEN! Free replacements and free loaner equipment to help you beautify and improve your home are available now.

There are a whole lot of helpful and available items that you have access to. It's even faster than a speeding Work Order. Check out these items that are available for fast and easy access:

The following items are supplied at NO COST to you, but needs to be picked up at the Self Help Store:

- Grass seed 1 pound bag per growing season
- HVAC filter as needed
- Microwave filter one for one
- Touch up paint as needed
- Light switch covers and outlet covers one for one
- Sink stopper one for one
- Fluorescent light bulbs one for one
- 10 vertical slats per year per home

The following can be checked out for 3 calendar days, but needs to be picked up at the Self Help Store:

- Push lawn mowers
- Hand dolly to move bulky items

Loaner equipment will be issued on a first come first served basis. Please help us by returning the equipment clean, sanitized, and in good working condition for the next family to use.



What is your knowledge on National Night Out (NNO)? NNO is an annual community building campaign that promotes police community partnerships and to make neighborhoods safer and a more caring places to live. This is to strengthen our relationships with our neighbors and law enforcement. This is to not only have trust, but also have a safe feeling. NNO usually takes place on the first Tuesday of August every year (Texas and other areas celebrate in October). This exciting annual event gathers neighbors with other neighbors together and has created festivals, cookouts, parades, and more. Local fire and police departments have joined many festivities within the communities as well. Safety demonstrations, seminars, exhibits, and plenty more our emergency personal have contributed.

#### Extra notes for NNO:

- Staying active in your neighborhood, join committees, associations, and get to know your neighbors as well
- Never be afraid to say anything. Teach your kids the importance of 9-1-1 and non emergency numbers
- It's best to have a plan, weather it is for emergencies in the home and/or weather emergencies. Make sure everyone in the family knows the plan!
- Sign up for emergency alerts and social media alerts throughout your community and/or the city.
- Sign up at Smart911.com for your safety profile; 9-1-1 and responders will have your information they need in order to help you





Mark Your Calendar and Don't Forget!

First Day of School

Monday, August 15th Happy New School Year



## **Allergy Season!**

Summer is grass pollen season. This usually starts in May and continues throughout allergy season from August and sometimes through September. This usually starts going away in October or when the weather starts to cool down.

Many people think grass allergy presents with itchy skin or hives or as you have heard even by sitting on the grass. Although sometimes this may be the case, there are or could be many other reasons too. There are people that are allergic to grass with itching eyes, sneezing, and possible congestion. With the lovely allergy season starting, many people can't help but not go outside and enjoy the nice weather. Be cautious about how you feel and try to avoid these things that can make you have an allergic reaction.

According to an article from The National Library of Medicine, allergies are on the rise. With seasonal allergies and asthma together impose significant health burdens. An estimated 300 million people worldwide are effected by both asthma and allergies together.

Have you heard of Hay Fever? Also called allergic rhinitis, this can cause cold-like symptoms. Examples are: runny nose, itchy eyes, congestion, sneezing, and sinus pressure. Hay Fever is a virus, which is mainly caused by pollen.

With climate changing constantly and the weather is getting warmer and warmer, this could mean that allergy season could get worse. Studies show that certain pollen producing plants will have longer growing seasons with the warmer seasons, so take caution and grab some allergy meds, follow safety protocols so that you and your family are prepared and safe during these times.

#### Allergy Season! continued...

Reduce your exposure to allergy triggers

- Try to stay indoors on dry and windy days
- Avoid lawn mowing, weed pulling and gardening chores that stir up your allergies
- Remove clothes that you have worn outside, go and shower to rinse off the pollen from your skin and hair
- Don't hang laundry outside, pollen can stick to sheets, shirts and towels

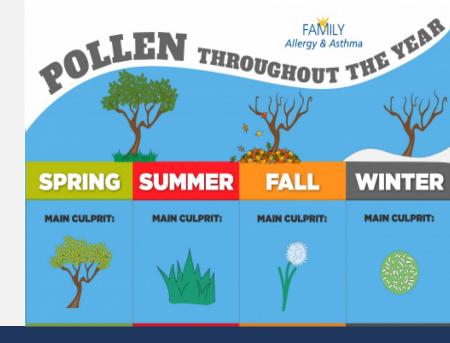
To help keep you symptom-free this allergy season:

- Identify it ifs really allergies
- Try a saline nasal rinse
- Keep windows closed and use air conditioning or fans
- Keep an eye out on pollen count

#### Common Medications used to treat allergies

- Adults:
  - Zvrtec
  - Claritin
- Children:
  - Zyrtec
  - Benadryl

Please consult with your doctor-pediatrician before taking any medication. We hope you and your family have an allergy free season!





## **Monthly Maintenance Tip Corner**

Summer is ending soon, it's time to start thinking about Fall and Winter. Why now? Why not? Because you live on the side of a mountain in the Colorado Rockies, that's why! While you're busy rolling out the grills and filling the kiddie pools, now is a great time to swap out your furnace filters and set your heater up for success. REMEMBER: Your thermostat should be set to no less than 65 degrees and don't forget to set each feature to HEAT and AUTO so this way you can avoid frozen pipes. As a reminder, AFAMC's Self Help Store is open to our residents every Monday through Friday from 8:00 a.m. to 4:30 p.m.

# **Utility Rate Increase for Colorado**Springs

Get ready for higher utility prices in Colorado Springs starting July 1, 2022 Residential customers can expect to pay an average of \$27 more on each bill.

On Tuesday, Colorado Springs City Council, which serves as the utility board, approved the rate hike for customers. On the table were two possible resolutions, both increasing utility prices, but at different rates. The council approved the plan with the lower rate, which increases both electric and natural gas prices.

Tristan Gearhart, Chief Planning and Financial Officer for Colorado Springs Utilities, said the price of natural gas has gone up over 150% since the beginning of the year.

"The natural gas markets over the last year have been highly affected by the war in the Ukraine," he said. "Everyone's trying to figure out how to deal with those things, not very much dissimilar from what's happening at the fuel pumps from a gasoline standpoint as well."

Gearhart said Colorado Springs Utilities is looking at natural gas price forecasts for the coming year. He said customers can expect an eventual decrease in their utility bills, but not until around April next year.

He encourages customers to practice energy saving techniques in the meantime.

"Being able to turn off lights at certain times, run your air conditioner less. There are ways for you to be able to find savings in your electric bill, in particular, during the summertime by looking at the way you use that electricity," Gearhart said.

Colorado Springs Utilities has options for customers who may have trouble paying their utility bill. For more information about this increase or other utility savings measures, please visit www.csu.org.

Service	Current Sample Bill	Sample Bill after July 1	Increase/ (Decrease)	Percent Change
RESIDENTIAL				
Electric	\$98.12	\$109.39	\$11.27	11.5%
Natural Gas	\$53.58	\$69.63	\$16.05	30.0%
TOTAL	\$151.70	\$179.02	\$27.32	10.5%



## **August 2022 Resident Events**

# August 3rd | Back To School Bingo Night!

AFAMC Community Office would like to invite you to Bingo Night in honor of back to school season. If you are interested in participating, please RVSP to our email afacontact@huntcompanies.com with your address. This is a FREE event and a great way for the community staff members to interact with residents and also our residents to interact with each other!

#### August 5th | Popsicle Friday

Come to the Community Management Office ALL DAY every Friday starting August 5th to get a free popsicle while supplies last. What a great way to say hello to your neighbors and friendly AFAMC staff.

### August 12th | Popsicle Friday

Come to the Community Management Office ALL DAY every Friday starting August 5th to get a free popsicle while supplies last. What a great way to say hello to your neighbors and friendly AFAMC staff.

#### August 19th | Popsicle Friday

Come to the Community Management Office ALL DAY every Friday starting August 5th to get a free popsicle while supplies last. What a great way to say hello to your neighbors and friendly AFAMC staff.

#### August 26th | Popsicle Friday

Come to the Community Management Office ALL DAY every Friday starting August 5th to get a free popsicle while supplies last. What a great way to say hello to your neighbors and friendly AFAMC staff.



